## eWellness Questionnaire

Helping you one question at a time!

## CANCER PROFILE

|   | Patient Code:   |
|---|---|
| Please do not select anything if the answer is no or not select Rarely 'R' if this is an uncommon event or sympose Frequent 'F' if this is a common event or sympose. | each of these questions were selected because of their direct                         |
| Select Always 'A' if this is a persistent event or sympt  | • •   |
| select 'A' for Yes  |   |
| Section 1 1. R F A Consume breads / pastas / starches   | 2. R F A Unexplained weight loss  |
| Section 2   |   |
| 3. R F A A family history of cancer   | 8. R F A Drink cow's milk   |
| 4. R F A Smoke or use tobacco 5. R F A Eat fast food  | 9. R F A Consume white sugar 10. R F A Consume refined carbs                          |
| 6. R F A Eat pre processed / packaged foods   | 11. R F A Consume wheat or gluten   |
| 7. R F A Consume sweets   | 12. R F A Very little exercise  |
| Section 3   |   |
| 13. R F A History of skin cancer  |   |
| Section 4 14. R F A Pain when taking a breath   |   |
| Section 5   |   |
| 15. R F A Can't loose weight  | 19. R F A Early aging   |
| 16. R F A Can't gain weight 17. R F A Thyroid problems  | 20. R F A Trouble sweating  |
| 18. R F A Heat / cold intolerance   | <ul><li>21. R F A Fatigued or tired</li><li>22. R F A Unexplained swellings</li></ul> |
| Section 6   | 22. To the splanned enforminge  |
| 23. R F A Breast tenderness   | 29. R F A Pelvic pain or cramping   |
| 24. R F A Vaginal discharge   | 30. R F A Mood swings   |
| 25. R F A Irregular periods   | 31. R F A Sexually transmitted diseases   |
| 26. R F A Excessive period bleeding 27. R F A Ovarian cysts   | <ul><li>32. R F A Pain with sex</li><li>33. R F A Hormone replacement</li></ul>       |
| 28. R F A Fibrocystic breasts   | 33. K F A Hormone replacement   |
| Section 7   |   |
| 34. R F A Indigestion or bloating   | 38. R F A Crohn's Disease   |
| 35. R F A Abdominal cramps or pain  | 39. R F A Colon polyps  |
| 36. R F A Dark black / tarry stools 37. R F A Blood streaked stools   | 40. R F A Constipation 41. R F A Laxitives  |
| Section 8  42. R F A Blood in your urine  | TILLY LONGYOU   |
| •   |   |
| Section 9<br>43. R F A Back pain or neck pain   | 44. R F A Muscle weakness   |
| Section 10  |   |
| 45. R F A Sick more often   | 47. R F A Scleroderma or Sjogrens disease   |
| 46. R F A Swollen glands  |   |